

Postie's Jig

Scottish Country Dance Instruction

POSTIE'S JIG (J4x32) 4C set R Clowes Ormskirk 5

1- 8 1s and 4s set and cast in 1 place, 1s and 4s dance $\frac{1}{2}$ Figs of 8 round new end couples

9-12 1M+4M and 1L+4L cross (men making an arch) and turn corners with free hand to face up/down

13-16 1s+4s dance down/up (couple dancing up make the arch) and turn corners

17-24 Repeat bars 9-16 from new pstns

25-32 1s+4s dance $\frac{1}{2}$ R&L, turn partner RH. 2413

(MINICRIB, Dance Crib compiled by Charles Upton, Deeside Caledonian Society, and his successors)

Postie's Jig

Roy Clowes Ormskirk Scottish Dances

Jig 4 x 32 bars 4 Couple Repeat 4 Couple Set Lengthwise Set

1-4 1s 4s set and cast (1s down, 4s up);

5-8 1s half figures of 8 round 2s WHILE 4s half figures of 8 round 3s;

9-10 1L4L lead across under arch made by 1M4M;

11-12 1M 4M 1L 4L (with free hand) turn corners $\frac{3}{4}$, finishing 1s at the top facing down, 4s at the bottom facing up;

11-12 1s lead down under arch made by 4s;

15-16 1M 4M 1L 4L (with free hand) turn corners $\frac{3}{4}$, finishing on own sides;

17-24 4s 1s repeat bars 9-16 from new positions, finishing on opposite sides;

25-28 1s4s half rights and lefts;

29-32 4s 1s turn by the right, finishing 2s4s1s3s.

(MAXICRIB, Scottish country dancing instructions compiled by Reuben Freemantle)

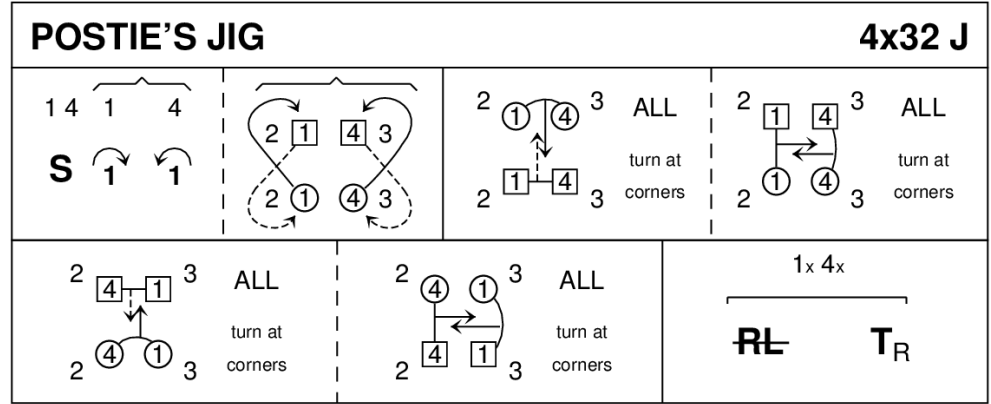
Dance Notes

9-22 Ls always cross under arches made by Mn; couples going down go under arches made by those going up.

11-24 Use elbow grip when turning corners.

29-32 A birl (left hands joined above right hand elbow grip) is more fun, and all four couples can join in on the last repeat, but may be risky with beginners.

Keith Rose's Crib Diagrams



Roy Clowes, Ormskirk 5

4C/4C longwise set

Postie's Jig - Full Size And Key To Symbols

Dance Instruction Videos

[Postie's Jig - YouTube Scottish Country Dancing Instruction Video](#)

Dance Information

One theory for the choice of title of this popular, boisterous dance, devised by Roy Clowes of Ormskirk, is that the "arches" section in the middle symbolises the tying up of a parcel...



Dance information by Sir Christopher MacRae, KCMG.

Image Copyright [Gaius Cornelius](#)

Additional search terms; Posties, Postman's Jig, Post Man, Ceilidh Dance.

[Back to the top of this Scottish Country Dancing Instructions 'Postie's Jig' page](#)